

Directions: As a dietary supplement, take one capsule at the beginning of a meal or as directed by a healthcare practitioner.

Bluebonnet's Full Spectrum Optimum Enzymes® Capsules contain 100% plant-based enzymes to help break down a balanced diet of proteins, carbohydrates and fats. Plus, each vegetarian capsule contains anise for digestive comfort. ♦

Bluebonnet's KOF-K Certification #K-0000700

Caution: Do not use in cases of stomach pain or ulcers.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for
Bluebonnet Nutrition Corporation
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n•zimes®



90 Vegetable Capsules



Bluebonnet



Full Spectrum Optimum Enzymes®

Balanced Digestive Support ♦
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Papain (1.25 mil FCC PU)	25 mg	*
Anise Seed Powder	22.5 mg	*
Bromelain (640,000 FCC PU)	21.3 mg	*
Amylase (2125 DU)	21 mg	*
Protease 4.5 (7500 HUT)	12.5 mg	*
CereCalase® (200 MU)	10 mg	*
Glucoamylase (4.5 AGU)	10 mg	*
Lipase (93.8 FIP)	9.4 mg	*
Cellulase (150 CU)	3.8 mg	*

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, beet root fiber, vegetable magnesium stearate.

Contains: Sulfites (papaya)

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.