T.A.G.® is ideal for any consumer who demands superior quality, uncompromising results, and is looking to improve overall health, increase muscle repair, and maximize physical enhancement...guaranteed![1]

Everyone wants to build a great physique they are proud of, as well as admired by others. Problem is, even though you put in the time and effort with strenuous workouts and strict dieting, without proper recovery you will never see the gains you work so hard for. It's common to use L-Glutamine to assist in recovery from working out, but science has proven that the body is predisposed to use regular L-Glutamine for intestinal health and not for muscle tissue repair. Regular glutamine also degrades in liquids and is unstable at higher temperatures. Metabolic Nutrition® identified these structure flaws with free-form glutamine and solved the problem by utilizing chemical and enzymatic peptide bonding to develop **T.A.G.**, the first di-peptide "stable" glutamine engineered to specifically target muscle for maximum muscle repair and recovery.[1]

T.A.G. contains both Trans-Alanyl-Glutamine and L-Alanyl-L-Glutamine [Sustamine®] to offer the only duel di-peptide Glutamine structure that is stable in both liquid & high temperature, yet easy to absorb and assimilate into the bloodstream for direct infusion into the muscle cells. **T.A.G.** works by preventing the loss of muscle glutamine during exercise, [i.e. muscle loss], supplying the critical glutamine needed by the muscle intra and post workout. In addition, **T.A.G.** also supports the body's immune system, increases protein synthesis and growth hormone release; making it a critical supplement in any athlete's regimen.[1]

CAUTION: Do not exceed recommended dose. Not intended for use by persons under the age of 18, those with a medical condition, or those with a history of kidney disease. Do not use if pregnant or lactating. If you are under the care of a physician, please consult your physician before using this product. Do not use if tamper resistant seal is broken. **KEEP OUT OF REACH OF CHILDREN**. STORE IN A COOL, DRY PLACE AND AVOID EXCESSIVE HEAT.

Allergen Warning: Manufactured in a plant that also processes egg, soy, peanut, tree nut, fish, crustaceans/shellfish, and wheat products.

CALIFORNIA RESIDENTS ONLY:

WARNING: Consuming this product may expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm.

Barcode:764779698676

R11/18

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Manufactured and Distributed for
Metabolic Nutrition®
Fort Lauderdale, FL
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T.A.G.®

Trans Alanyl Glutamine

Targeted Muscle Recovery

physician formulated

Metabolic® NUTRITION

Watermelon

- Superior to Free Form L-Glutamine
- Dramatically Increases Muscle Repair[1]
- Inhibits Muscle Fatigue and Soreness[1]
- Prevents Muscle Loss During Exercise[1]
- Improves Immune System and Overall Health[1]

400 GRAMS
DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving size: 1 scoop (10 g) **Servings per container: 40**

	Amount Per Serving	% DV
T.A.G. Dipeptide Matrix: Containing: Trans-Alanyl-Glutamine, L-Alanyl-L-Glutamine (Sustamine®)	10 g	*

*Daily values are not established.

Other Ingredients: Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Citric Acid, FD&C Red #40, Red #40 Alum Lake, Silica, Cross link Protein Enzyme.

DIRECTIONS FOR USE:

Suggested Use on Training Days: As a dietary supplement, take 1 scoop with 6-10oz of cold water, juice, or protein shake, before and after workouts. Suggested Use on Non-Training Days: As a dietary supplement, take 1 scoop with 6-10oz of cold water, juice, or protein shake, once per day.

NOTE: For added immune support, anti-oxidant benefits, and accelerated muscular repair and whole body recovery, add 1 serving of T.A.G. to any protein, meal replacement, pre/intra/post-workout supplement or other Metabolic Nutrition products to further enhance desired results.[1]

Sustamine® is a registered trademark of KYOWA HAKKO BIO CO., LTD.

GLUTEN FREE

MADE IN USA

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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