

Supplement Facts

Serving Size 1 Packet (9.1 g)

Amount Per Serving	% DV
Calories	35
Total Carbohydrate	8 g 3%**
Sugars	6 g ††
Vitamin C (as ascorbic acid)	1,000 mg 1,667%
Thiamin (as thiamine hydrochloride) (Vit. B ₁)	0.38 mg 25%
Riboflavin (as riboflavin 5'-phosphate sodium) (Vit. B ₂)	0.43 mg 25%
Niacin (Vit. B ₃)	4 mg 20%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg 500%
Folic Acid (Vit. B ₉)	100 mcg 25%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg 417%
Pantothenic Acid (as calcium pantothenate) (Vit. B ₅)	2.5 mg 25%

Amount Per Serving	% DV
Calcium (as calcium carbonate, dibasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate) [‡]	50 mg 5%
Phosphorus (as monobasic potassium phosphate, dibasic calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate) [‡]	38 mg 4%
Magnesium (as magnesium hydroxide, magnesium carbonate) [‡]	60 mg 15%
Zinc (as zinc gluconate)	2 mg 13%
Manganese (as manganese gluconate)	0.5 mg 25%
Chromium (as chromium polynicotinate)	10 mcg 8%
Sodium (as sodium bicarbonate, monobasic sodium phosphate) [‡]	65 mg 3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate) [‡]	200 mg 6%

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

††Daily Value not established. ‡Electrolytes.

OTHER INGREDIENTS: Fructose, Maltodextrin, Citric Acid, Malic Acid. **Contains <2% of:** Acacia, Beta-Carotene (Color), Glycine, L-Aspartic Acid, Orange Color (Annatto), Orange Flavor, Orange Oil, Silicon Dioxide, Tartaric Acid, Tocopherols (to preserve freshness).

DISTRIBUTED BY: Wal-Mart Stores, Inc., Bentonville, AR 72716

***This product is not manufactured or distributed by Alacer Corp., distributor of Emergen-C®.

SUGGESTED USE: Ages 14 and up, one (1) packet daily. Empty contents into a glass, add 4-6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use. If you are pregnant, nursing, or taking medication consult your doctor before use.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature. Protect from moisture.

Carton contains individual packets.

DO NOT USE IF PACKET SEAL IS TORN OR BROKEN

Immune Support

1,000 mg of vitamin C plus other antioxidants zinc and manganese support your immune system.**

Energy

7 B vitamins including B₁, B₂, B₃, B₅, B₆, B₉, and B₁₂ enhance energy naturally* without caffeine.

Electrolytes

Great for post-workout, replace key electrolytes lost through perspiration.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

equate™

Compare to
Vitamin C
Content in
Emergen-C®***

**1,000 mg
Vitamin C**

Dietary Supplement

- Essential nutrients
- 7 B vitamins
- Antioxidants† and electrolytes

Orange

Flavored Fizzy Drink Mix
with Natural Flavors
Caffeine Free

NET WT 9.6 OZ (273 g)

**30
PACKETS**

equate™

Compare to
Vitamin C
Content in
Emergen-C®***

1,000 mg Vitamin C

Dietary Supplement

- Essential nutrients
- 7 B vitamins
- Antioxidants† and electrolytes

Orange

Flavored Fizzy Drink Mix
with Natural Flavors
Caffeine Free

NET WT 9.6 OZ (273 g)

**30
PACKETS**

*Vitamin C, Zinc and Manganese

equate™

Compare to
Vitamin C
Content in
Emergen-C®***

**1,000 mg
Vitamin C**

Dietary Supplement

- Essential nutrients
- 7 B vitamins
- Antioxidants† and electrolytes

Orange

Flavored Fizzy Drink
Mix with Natural Flavors
Caffeine Free

NET WT 9.6 OZ (273 g)

**30
PACKETS**

Lot:

Exp:



Satisfaction guaranteed –
Or we'll replace it or give you
your money back. For questions
or comments or to report an
undesired reaction or side effect,
please call 1-888-387-1915.



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