

**Directions:** As a dietary supplement, take one capsule at the beginning of a meal or as directed by a healthcare practitioner.

**Bluebonnet's Super Bromelain 500 mg Capsules** contain 2400 GDU/gm of pure bromelain from pineapple. Bromelain assists in the digestion of protein. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Bluebonnet's KOF-K Certification #K-0000700

**CAUTION:** Do not use two weeks prior and following surgery or in cases of stomach pain or ulcers.

Manufactured for  
**Bluebonnet Nutrition Corporation**  
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**n•zimes®**



**500 mg (2400 GDU/gm)**  
**Dietary Supplement**  
**30 Vegetable Capsules**

**Bluebonnet**



**Super  
Bromelain**



## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Bromelain (from pineapple) (2400 GDU/gram)	500 mg	*

\* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.