

**Alpha-Lipoic Acid (ALA)** is a nutritional coenzyme involved in the energy metabolism of proteins, fats and carbohydrates.\*\* ALA is a unique water- and fat-soluble antioxidant that neutralizes free radicals throughout most of the body.\*\* ALA is involved in the regeneration of glutathione, Vitamin C and Vitamin E.\*\* Supports liver detoxification.\*\*

- **Versatile antioxidant\*\***
- **Promotes normal blood glucose metabolism\*\***



# ALPHA LIPOIC ACID

## 100 MG

Versatile Antioxidant\*\*

Promotes Normal Blood  
Glucose Metabolism\*\*

60 VEGAN CAPSULES  
DIETARY SUPPLEMENT



**Suggested Usage:** Take 1 capsule 2 times daily with a meal or as directed by your qualified healthcare provider.

### Supplement Facts

Serving Size 1 Vegan Capsule  
Servings Per Container 60

	Amount Per Serving	%Daily Value*
Alpha-Lipoic Acid	100mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Rice flour, and cellulose capsule.

Contains **NO** added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

Formulated by & Manufactured for: MRM  
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\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Best if used by: