

Suggested Use:

For infants 6 months - 1 yr:

1/2 teaspoon every other day

For children 1 - 5 yrs: 1 - 2 teaspoons daily

For children 5 - 12 yrs:

1 - 2 tablespoons daily

For pregnant or nursing mothers:

1 - 3 tablespoons daily

- Shake well before use.
- Keep refrigerated.
- Give directly or mix with your child's favorite drink or food.

Important: Do not cook with this oil or heat over 120 degrees Fahrenheit. Use within 10 weeks of opening.

 **Health Tip:** Essential Fatty Acids (EFAs) play a critical part in your child's physical, emotional and mental growth.* EFAs may influence brain function, immune strength, healthy skin and well being.* Include these plant-based, vegetarian Essential Fatty Acids as part of your child's daily diet by mixing with juices, smoothies, cereals, puddings or over pancakes or waffles (after cooking).

ChildLife® uses only the highest quality ingredients. **Gluten free**, casein free, alcohol free. Contains no milk, eggs, soy, wheat, yeast, or corn. No artificial colorings, flavorings or sweeteners. Keep out of the reach of children. Tamper Resistant: do not use if outer safety seal is broken or missing.

Manufactured for **CHILD LIFE®**
Los Angeles, CA 90232 U.S.A.
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Certified Organic by Oregon Tilth.



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***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

ESSENTIALS®
CHILD LIFE

Nutrition for Kids!®

Formulated by

Dr. Murray C. Clarke, D. Hom., L. Ac.

Plant-Based

Essential Fatty Acids



NEW!

Natural Orange Flavor

*Omega Fatty Acids to Support Brain Development, Immune Strength and More!**

Dietary Supplement

8 fl oz (237mL)

Tasty, natural, orange flavor.

ChildLife® Essential Fatty Acids provides a balance of Omega 3, 6 and 9 fatty acids, for your developing infant and child. This organic oil blend is delicately flavored to create an easy to take formula for children of all ages.

Average Analysis per Teaspoon:

Omega-3 Fatty Acids 1900 mg
Omega-6 Fatty Acids 800 mg
Omega-9 Fatty Acids 1400 mg

Supplement Facts

Serving Size: 1 Teaspoon (4.7 g)

Servings Per Container: 48

Amount Per Serving

Calories 42 **Fat Cal** 42

% DV*

Total Fat 4.5 g 7%

Saturated Fat 0.5 g 2%

Trans Fat 0 g

Polyunsaturated Fat 3 g

Monounsaturated Fat 1 g

Cholesterol 0 mg 0%

Sodium 0 mg 0%

Total Carbohydrate 0 g 0%

Protein 0 g

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Organic Unrefined Flax Seed Oil, Organic Sunflower Oil, Organic Pumpkin Oil, Organic Extra-virgin Olive Oil, and Organic Natural Orange Flavor, Organic Stevia.

Date of Manufacturing

Better Before

VS1216

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