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**MORE COMPLETE
NUTRITION**

NatureMade®

Prenatal Multi



**FOR PREGNANT WOMEN
& WOMEN TRYING TO
GET PREGNANT**



DIETARY SUPPLEMENT
90 TABLETS

**Rich in
Folic Acid,
Iron & Zinc**



Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value for Pregnant and Lactating Women
Vitamin A (as Beta Carotene) 2567 IU	32%
Vitamin C (as Ascorbic Acid) 85 mg	142%
Vitamin D ₃ (as Cholecalciferol) 1000 IU	250%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 33 IU	110%
Vitamin K (as Phytonadione) 90 mcg	*
Thiamin (as Thiamin Mononitrate) 1.4 mg	82%
Riboflavin 1.4 mg	70%
Niacin (as Niacinamide) 18 mg	90%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 1.9 mg	76%
Folic Acid 800 mcg	100%
Vitamin B ₁₂ (as Cyanocobalamin) 5.2 mcg	65%
Biotin 30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate) 6 mg	60%
Calcium (as Calcium Carbonate) 250 mg	19%
Iron (as Ferrous Fumarate) 27 mg	150%
Iodine (as Potassium Iodide) 150 mcg	100%
Magnesium (as Magnesium Oxide) 45 mg	10%
Zinc (as Zinc Oxide) 11 mg	73%

*Daily value not established

No Color Added • No Artificial Flavors • No Yeast • Gluten Free

Nature Made Multi Prenatal provides key vitamins and minerals for nutritional support before and during pregnancy.[†]

SUGGESTED USE: Take one tablet daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place.

Do not use if imprinted seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

OTHER INGREDIENTS: Cellulose Gel, Corn Starch, Maltodextrin, Hydrogenated Soybean Oil, Dibasic Calcium Phosphate, Croscarmellose Sodium, Hypromellose, Silicon Dioxide, Gelatin, Magnesium Stearate, Polyethylene Glycol.

Distributed by:

Nature Made Nutritional Products

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot:
Exp.: