L-5-hydroxytryptophan (5-HTP) is the direct metabolic precursor of serotonin and is important for the production of melatonin. The production and maintenance of serotonin levels in the brain are directly related to eating and sleeping patterns, mood shifts, tranquility, and compulsive behavior. Use of 5-HTP can help support regular serotonin related functions, such as mood, appetite and sleep patterns.**

- **Natural source from Griffonia Seed**
- **Vegan/Vegetarian friendly**
- **Free of "Peak X" contamination**

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

6 09492 55004

Lot#
Best if used by:

1709V02

MRM®

5-HTP

100 MG

Promotes Positive Mood & Sleep Patterns**

May Help Control Appetite**

NON GMO Project VERIFIED nongmoproject.org

30 VEGAN CAPSULES
DIETARY SUPPLEMENT

CERTIFIED VEGAN VEGAN.ORG

Suggested Usage: Take 1-3 capsules daily or as directed by your qualified healthcare provider.

Supplement Facts

Serving Size 1 Vegan Capsule
Servings Per Container 30

	Amount Per Serving	%DailyValue*
L-5-hydroxytryptophan (Griffonia simplicifolia seed)	100mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Rice flour, and cellulose capsule.

Contains **NO** added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

WARNING: If you are pregnant or breastfeeding, taking prescription medication such as antidepressant, or if you have heart disease, consult your physician before using this product.

Formulated by & Manufactured for: MRM
2665 Vista Pacific Dr. • Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296

GMP