

TAMPER EVIDENT - DO NOT USE IF INNER SEAL BENEATH THE CAP IS MISSING OR BROKEN

Sugar Free

Fiber Supplement

Chewable Tablets

Assorted Fruit Flavors - Strawberry, Grape and Green Apple

This Fiber Supplement is made of 100% natural fibers found in fruits and vegetables. It contains prebiotic fiber which stimulates the friendly, good bacteria that live in your digestive system.[‡]

Prebiotic Fiber Nurtures Your Digestive Health Naturally[‡]
It keeps food moving through your system, supporting your digestive tract and aiding in regularity.[‡]

Prebiotic Fiber Helps Maintain a Healthy Immune System Naturally[‡]

A healthy digestive tract is vital for a healthy immune system.[‡] This product helps keep your digestive tract balanced and the bad bacteria in check.[‡]

Prebiotic Fiber Supports Good Overall Health Naturally[‡]
Daily intake of fiber is an important part of your overall good health.[‡] Most Americans only get about half of the recommended 25-30 grams of fiber each day. So when you can't get the fiber you need from healthy foods, fiber supplement tablets offer a simple and delicious way to add fiber to your diet.

[‡]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Each Serving = 3 GRAMS OF FIBER

Chewable tablets in delicious Strawberry, Grape and Green Apple flavors.

DIRECTIONS: Adults: Chew 2 tablets up to 3 times a day. To minimize potential stomach discomfort, take with meals; start with 2 tablets and gradually increase up to 6 tablets.

Age	Serving Size
13 years to adult	2 tablets [‡] (3 g fiber) up to 6 tablets daily
Children (4-12 years)	1 tablet [‡] (1.5 g fiber) up to 3 tablets daily
Children under 4 years	Consult your doctor

[‡]Not to exceed 6 tablets daily.

[‡]Not to exceed 3 tablets daily.

KEEP OUT OF REACH OF CHILDREN.
Store at room temperature.

Tablets may contain dark speckles due to the manufacturing process of natural ingredients.



Satisfaction guaranteed -
Or we'll replace it, or give
you your money back.
For questions or
comments or to report
an undesired reaction
or side effect, please
call 1-888-287-1915.

equate™

Compare to
Fiber Choice®
Soluble
Fiber
Content**

Fiber Supplement

Prebiotic Dietary Supplement

- 100% natural fibers found in fruits and vegetables

Sugar Free

Assorted Fruit Flavors

- Strawberry, Grape, Green Apple
- Naturally and artificially flavored

90
CHEWABLE
TABLETS

Supplement Facts

45 servings per container

Serving size 2 tablets

Amount per serving

Calories 15

% Daily Value*

Total Carbohydrate 7 g 2%

Dietary Fiber 3 g 12%

Soluble Fiber 3 g †

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

†Daily Value not established.

INGREDIENTS: Sorbitol, Acacia, Dextrin, Inulin, Microcrystalline Cellulose, Cornstarch, Magnesium Stearate, Citric Acid, Flavor, Sucralose, Red 40 Aluminum Lake, Blue 1 Aluminum Lake, Yellow 10 Aluminum Lake.

DISTRIBUTED BY: Wal-Mart Stores, Inc.,
Bentonville, AR 72716

**This product is not manufactured or distributed by GlaxoSmithKline Consumer Healthcare, L.P., the owner of the registered trademark Fiber Choice®.

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