



Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford,
Sugar Land, TX 77478 USA



Dietary Supplement
30 Caplets



Immune Defense
Whole Food-Based
Formula♦



Bluebonnet

TARGETED CHOICE®

WELLNESS
support.



Directions: As a dietary supplement, take two caplets once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Amount Per Serving	Servings Per Container 15	% Daily Value
Serving Size 2 Caplets		
Vitamin A (50% (1250 IU) as beta-carotene, 50% (1250 IU) as vitamin A palmitate)	563 mcg	63
Vitamin C (as calcium ascorbate)	500 mg	556
Vitamin D3 (as 1000 IU cholecalciferol)	25 mcg	125
Zinc (as zinc bisglycinate chelate)	15 mg	136
Andrographis Stem & Leaf Extract (<i>Andrographis paniculata</i> , standardized to 10% [30 mg] andrographolides)	300 mg	*
Fresh Garlic Bulb Extract (<i>Allium sativum</i> L., with alliin, thiosulfonates, gamma-glutamylcysteines, and total sulfur)	300 mg	*
N-Acetyl-Cysteine	200 mg	
Turmeric Root Extract (<i>Curcuma longa</i> L., with naturally occurring curcuminoids)	150 mg	*
Astragalus Root Extract (<i>Astragalus membranaceus</i> L., standardized to 70% [70 mg] polysaccharides)	100 mg	*
Elderberry Fruit Extract (<i>Sambucus nigra</i> L., 4:1 extract)	100 mg	*
Olive Leaf Extract (<i>Olea europaea</i> L., standardized to 18% [18 mg] oleuropein)	100 mg	*
Quercetin	100 mg	*
Echinacea Root Extract (<i>Echinacea angustifolia</i> , standardized to 4% [3 mg] echinacosides)	75 mg	*
Bromelain (2000 GDU/gram)(from pineapple)	25 mg	*
Stinging Nettle Leaf Extract (<i>Urtica dioica</i> L., 4:1 extract)	25 mg	*

* Daily Value not established.

Other ingredients: Vegetable cellulose, vegetable magnesium stearate, stearic acid, vegetable glaze.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Minerals are shown in their elemental value.

Targeted Choice® is a registered trademark of Bluebonnet Nutrition Corp.

CAUTION: Do not use this product if you are pregnant, trying to conceive or breastfeeding. If taking prescription medication, consult your physician before use.

♦ These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.