

Heart Healthy Multivitamin™

Women is a Daily Essential formula. It provides daily nutrition with added support for heart, bone, and breast health.[†]

UNCONDITIONALLY GUARANTEED

for purity and labeled potency. Store bottle in a cool, dry place.

Note: Pregnant or lactating women should consult a health care professional before taking this product.

Keep out of reach of children.

♻️ **Quatrefolic** is a registered trademark of Gnosis S.p.A. and protected by US Patent No. 7,947,662.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Dr. Sinatra

AMERICA'S #1 INTEGRATIVE CARDIOLOGIST®



Heart Healthy Multivitamin™

Women

Dietary Supplement 90 Tablets

Doctor's Suggested Use: Take 3 tablets daily with a meal.

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (from mixed carotenoids, retinyl palmitate)	1750 mcg RAE 190%	Zinc (as oxide)	15 mg 136%
Vitamin C (as mineral ascorbates, ascorbic acid)	400 mg 444%	Selenium (as selenomethionine)	100 mcg 182%
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU) 125%	Copper (as gluconate)	1 mg 111%
Vitamin E (as d-alpha tocopheryl succinate)	83 mg 550%	Manganese (as gluconate)	1.4 mg 61%
Thiamine (as mononitrate)	20 mg 1667%	Chromium (as polynicotinate)	200 mcg 571%
Riboflavin	20 mg 1539%	Molybdenum (as chelate)	80 mcg 178%
Niacin (as niacinamide)	40 mg NE 250%	Women's Heart Healthy Blend	460 mg *
Vitamin B6 (as pyridoxine HCl)	40 mg 2353%	Citrus Bioflavonoids, Grape Seed Extract, Olive Extract (leaf),	
Folate (as Quatrefolic®§ [6S]-5-methyltetrahydrofolic acid glucosamine salt)	100 mcg DFE 25%	Artichoke Extract (leaf), Pomegranate Extract (fruit), Turmeric	
Vitamin B12 (as methylcobalamin)	250 mcg 10,417%	Extract (root), Black Cherry Extract (fruit), Cocoa Powder,	
Biotin	500 mcg 1667%	Mixed Tocopherols	
Pantothenic Acid (as calcium pantothenate)	40 mg 800%	Cranberry Extract (fruit)	100 mg *
Calcium (as carbonate, ascorbate)	100 mg 8%	Hormone & Breast Health Blend	100 mg *
Iodine (from potassium iodide)	200 mcg 133%	Flax Powder (seed), Broccoli Extract (flower)	
Magnesium (as oxide, ascorbate)	250 mg 60%	Silicon (as dioxide)	17 mg *
		Lutein (from marigold flower)	2 mg *
		Vanadium (as sulfate)	200 mcg *

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, maltodextrin, stearic acid, croscarmellose sodium, vegetable magnesium stearate, hydroxypropyl methylcellulose, polydextrose, titanium dioxide, glycerin, talc, medium chain triglycerides

