

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

**Bluebonnet's Pycnogenol® 100 mg Capsules** are derived from the bark of the European coastal pine, *Pinus maritima*. Pycnogenol® is a natural plant extract concentrated with oligomeric proanthocyanidins (OPCs), a water-soluble bioflavonoid. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
12915 Dairy Ashford  
Sugar Land, Texas 77478 USA  
[www.bluebonnetnutrition.com](http://www.bluebonnetnutrition.com)



# Bluebonnet



# Pycnogenol® 100 mg

A Natural Antioxidant Flavonoid  
Dietary Supplement  
**60 Vegetable Capsules**



## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Pycnogenol®	100 mg	*
(from pine bark extract, 65-75% procyanidins)		

\* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700