

FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

108234



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SPRING VALLEY™

Fish, Flax & Borage Oil

Fish Oil 800mg / Flax Oil 800mg / Borage Oil
PER SERVING PER SERVING

DIETARY SUPPLEMENT

with Omega 3-6-9



HEART HEALTH*

Fish, Flax & Borage Oil is a source of Omega-3, 6, and 9 fatty acids, and supports heart, joint, and skin health.*

120 SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	20	
Total Fat	2 g	3%††
Polyunsaturated Fat	1 g	†††
Cholesterol	10 mg	3%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	4.5 mg	30%
Fish Oil	800 mg	†††
Flaxseed Oil	800 mg	†††
Essential Oil Blend (Evening Primrose Oil (seed), Black Currant Oil (seed), Borage Oil (seed))	400 mg	†††

Amount Per Serving	% Daily Value	
These oils typically provide the following Fatty Acid Profile:		
Omega-3 Fatty Acids	800 mg	†††
Alpha Linolenic Acid (ALA)	400 mg	†††
Eicosapentaenoic Acid* (EPA)	210 mg	†††
Docosahexaenoic Acid* (DHA)	140 mg	†††
Other Fatty Acids		†††
Omega-6 Fatty Acids	355 mg	†††
Linoleic Acid	300 mg	†††
Gamma Linolenic Acid (GLA)	55 mg	†††
Omega-9 Fatty Acids (Oleic Acid)	145 mg	†††

††Percent Daily Values are based on a 2,000 calorie diet.

†††Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Mixed Natural Tocopherols.
CONTAINS ANCHOVY, HERRING, MACKEREL AND SARDINE.

*As Ethyl Esters

DISTRIBUTED BY:

Wal-Mart Stores, Inc.,

Bentonville, AR 72716

PRODUCT OF CANADA, CHINA,
GERMANY, PERU, SWITZERLAND

SUGGESTED USE: Adults, take two softgels daily, preferably with a meal.

NO

Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Artificial Color, Artificial Flavor, Sodium (less than 5 mg per serving)

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN.
Store at room temperature 59° - 86°F (15° - 30°C). Keep bottle tightly closed.

• QUALITY GUARANTEED •

Spring Valley™ products are produced under strict quality guidelines. If you are unhappy with this product, we'll replace it or refund your money.

For questions or comments call
1-866-251-1662.

Walmart.com/springvalley

FRESHNESS AND POTENCY GUARANTEED THROUGH:

Item No. 72474
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