Suggested Usage: Take 1 capsule every 3-4 hours or as directed by your qualified healthcare provider. Do not exceed 4 capsules per day or 5 days of consecutive use. For sleep take 2-4 capsules 45-60 minutes prior to sleep. Do not take when pregnant, nursing or while consuming alcohol or GABA related medication. Do not operate machinery or drive a motor vehicle. For adverse reactions call: 1-800-948-6296

Chronic stress, tension, anxiety or physical overexertion can prevent restful sleep, negatively affecting health. Relax-ALL® is made with herbals, adaptogens and amino acids that allow the body to achieve a balance of muscle relaxation and mental tranquility.**

NeuralCalm™ contains Juiube, Valerian root, Ashwagandha,

Chamomile and Lemon Balm, which all have long histories of use for

relaxation.** Clinical data suggests Venetron®, a patented Rafuma leaf extract, has positive effects on anxious energy, by supporting tranguility and relaxation.** Gamma Aminobutyric Acid (GABA) is an amino acid, which naturally acts as an inhibitory neuro-transmitter. L-Tryptophan and Inositol support serotonin levels with a positive influence on GABA activity and mental relaxation.** Calcium and Magnesium, in balanced proportions, are essential for proper muscle contraction and relaxation **

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

6 09492 31017

Lot# Best if used by:



RELAX-AL

WITH VENETRON®

Supports Relaxation & Calmness to Muscles**

Aids in a Better Night's Sleep**

60 VEGAN CAPSULES DIETARY SUPPLEMENT



Supplement Facts Serving Size 4 Vegan Capsules

Servings Per Container 15

Amou	Amount Per Serving	
Calcium	200mg	20%
(from calcium carbonate & calcium citrate)		
Magnesium	200mg	50%
(from magnesium aspartate)		
NeuralCalm™	2.400mg	†

L-Tryptophan (600mg)

Gamma Aminobutyric Acid (GABA) (450mg) Jujube Extract (2% Jujubosides) (400mg) Valerian Root Extract (0.8% Valeric Acid) (300mg)

Inositol (250ma) Ashwagandha (1.5% Withanolides) (150mg) Chamomile Flowers (Matricaria recutita) (100mg) Lemon Balm (Melissa officinalis) (100mg) Venetron® (Rafuma Leaf Extract) (50mg)

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Cellulose capsule, and rice flour.

Contains NO added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

WARNING: This product contains a chemical known to the State of California to cause cancer, birth defects or other reproductive harm. www.mrm-usa.com/prop65

Formulated by & Manufactured for: MRM 2665 Vista Pacific Dr. + Oceanside CA 92056 USA www.mrm-usa.com • 1-800-948-6296

