Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Alpha Lipoic Acid 100 mg Capsules provide the powerful antioxidant alpha lipoic acid in its purest crystalline form. Alpha lipoic acid is a unique antioxidant that is both fat-soluble and water-soluble, and is known for its free radical scavenger activity. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Manufactured by
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Vegan

Bluebonnet

Alpha Lipoic Acid 100 mg

Antioxidant Dietary Supplement
30 Vegetable Capsules

PARVE

GLUTEN FREE

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Alpha Lipoic Acid (as thioctic acid)	100 mg	*

*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700