

BODY



integrated health

Naturally driven for long lasting health.

Calcium is the primary mineral responsible for strong bones and Magnesium plays an essential role in proper bone mineralization.* Zinc is involved in the synthesis of collagen in bone tissue while Vitamin D3 helps your body absorb Calcium from the diet.* Because the body cannot produce these nutrients, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium, Magnesium, Zinc and Vitamin D3 can play a role in maintaining bone health.* **Adequate Calcium and Vitamin D throughout life, as part of a wellbalanced diet, may reduce the risk of osteoporosis.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Manufactured By

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BODY



Calcium Magnesium Zinc

Supports Bone Health*

MAY REDUCE THE
RISK OF OSTEOPOROSIS*

WITH OVER 100%
DV OF VITAMIN D3

COATED FOR
EASY SWALLOWING



120 CAPLETS DIETARY SUPPLEMENT **MADE IN USA**

Supplement Facts

Serving Size 3 Caplets

Servings Per Container 40

Amount Per Serving	%Daily Value	
Vitamin D (as D3 Cholecalciferol)	600 IU	150%
Calcium (as Calcium Carbonate and Calcium Gluconate)	1,000 mg (1 g)	100%
Magnesium (as Magnesium Oxide and Magnesium Gluconate)	400 mg	100%
Zinc (as Zinc Gluconate and Zinc Citrate)	25 mg	167%

Other Ingredients:

Vegetable Cellulose. Contains <2% of: Titanium Dioxide Color, Vegetable Magnesium Stearate.

Directions:

For adults, take one (1) to three (3) caplets daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

TAMPER RESISTANT: DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

