Directions: As a dietary supplement take 2 tablets 1-2 times daily.

Viva Nails[™] combines the most important vitamins and minerals for supporting healthy, beautiful nails. Hectic lifestyles and less-than-optimal food choices may interfere with our ability to maintain levels of key nutrients that naturally support beauty. Viva Nails includes the key players L-Cysteine, Proline, and significant levels of MSM, Vitamin E and natural silica from Horsetail Extract. Not only will these nutrients provide the primary supportive components for strong, beautiful nails, but also strong hair and radiant skin.¹

Contains No: gluten, sugar, salt, starch, yeast, corn, soy, wheat, lactose, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

Store in a cool dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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MADE IN THE USA GMP Compliant Manufacturing





SPECIALTY FORMULAS •

NAILS

with MSM and Silica



Nutritional Support for Strong, Healthy Nails†

120 tablets
dietary supplement

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 60

Amount Pe	er Serving	%Daily Value
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin E	40 IU	133%
(as d-Alpha Tocopheryl Succinate Mixed Tocopherols)		
Calcium (as Carbonate)	300 mg	30%
Magnesium (as Oxide, Gluconate)	25 mg	6%
Gelatin	300 mg	*
Silica	300 mg	*
MSM (as Methylsulfonylmethane)	200 mg	*
DL-Methionine	100 mg	*
L-Cysteine	100 mg	*
L-Proline	50 mg	*
Spirulina	100 mg	*

* %Daily Value (DV) has not been established.

Other Ingredients: Cellulose, croscarmellose, stearic acid (vegetable source), magnesium stearate (vegetable source), silica.

Viva Vitamins™ fully quarantees the potency of this product through: