

**Directions:** As a dietary supplement, take one vegetarian softgel daily, preferably with a meal or as directed by a healthcare practitioner.

**Bluebonnet's CoQ10 100 mg Vegetarian Softgels** contain the "natural trans-isomer" form of ubiquinone from Kaneka, the world's largest manufacturer of premium-quality Coenzyme Q-10, in a base of non-GMO sunflower oil plus vitamin E to enhance stability. Available in easy-to-swallow vegetarian softgels for maximum assimilation and absorption.

Manufactured for  
**Bluebonnet Nutrition Corporation**  
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[www.bluebonnetnutrition.com](http://www.bluebonnetnutrition.com)



# Bluebonnet



# CoQ10 100 mg

100% Pure Kaneka  
Ubiquinone  
Dietary Supplement

**90 Vegetarian Softgels**



## Supplement Facts

Serving Size 1 Vegetarian Softgel

Amount Per Serving		% Daily Value
Vitamin E (as 100 IU d-alpha tocopherol from non-GMO sunflower oil)	67 mg	447
Coenzyme Q10 (as ubiquinone)	100 mg	*

\* Daily Value not established.

Other ingredients: Vegetarian capsule (food starch modified, glycerin, carrageenan, purified water, annatto), sunflower oil, white beeswax, sunflower lecithin.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of gluten, barley, rice, sodium and sugar.

Kaneka Q10® is a registered trademark of Kaneka Corporation.