

FOR YOUR PROTECTION, DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

SPRING VALLEY™

# Chromium

**1000 mcg** PER TABLET  
DIETARY SUPPLEMENT

## METABOLISM SUPPORT\*

Chromium is an essential mineral that supports healthy metabolism of carbohydrates, proteins, and fats.\*

**100** TABLETS

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Chromium 1000 mcg (as chromium picolinate)	833%

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Silicon Dioxide, Magnesium Stearate.

**DISTRIBUTED BY:**  
Wal-Mart Stores, Inc.,  
Bentonville, AR 72716

**SUGGESTED USE:** Adults, take one tablet daily, preferably with a meal.

**NO** Gluten, Artificial Colors, Yeast, Starch, Preservatives

**WARNING:** Do not exceed recommended dose. Do not take this product with other dietary supplements containing chromium. Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their doctor before using this product. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**IF YOU HAVE DIABETES, HYPOGLYCEMIA OR KIDNEY PROBLEMS:** Use this product only under a doctor's supervision.

**KEEP OUT OF REACH OF CHILDREN.**  
Store at room temperature 59°- 86°F  
(15°- 30°C). Keep bottle tightly closed.

**QUALITY GUARANTEED**

For questions or comments call  
1-866-251-1662.  
[Walmart.com/springvalley](http://Walmart.com/springvalley)

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