

ALMOST OUT? Call 1-800-304-1708
or visit drsinatra.com

Heart Healthy Multivitamin™ Men is a Daily Essential formula. It provides daily nutrition with added support for heart and prostate health.[†]

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store bottle in a cool, dry place.

Note: Pregnant or lactating women should consult a health care professional before taking this product.

Keep out of reach of children.

§ Quatrefolic® is a registered trademark of Gnosis S.p.A. and protected by US Patent No. 7,947,662.

†Graminex G63™ is a trademark of Graminex LLC.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by
HEALTHY DIRECTIONS
Bethesda, MD 20817 • healthydirections.com



Dr. Sinatra

AMERICA'S #1 INTEGRATIVE CARDIOLOGIST®



**Heart Healthy
Multivitamin™†**

Men

Dietary Supplement

270 Tablets

Doctor's Suggested Use: Take 3 tablets daily with a meal.

Supplement Facts

Serving Size: 3 Tablets Servings Per Container: 90

Amount Per Serving		% DV	Amount Per Serving		% DV
Vitamin A (from mixed carotenoids, retinyl palmitate)	1750 mcg RAE	190%	Zinc (as oxide)	20 mg	182%
Vitamin C (as mineral ascorbates, ascorbic acid)	400 mg	444%	Selenium (as selenomethionine)	100 mcg	182%
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%	Copper (as gluconate)	1 mg	111%
Vitamin E (as d-alpha tocopheryl succinate)	165 mg	1100%	Manganese (as gluconate)	1.4 mg	61%
Thiamine (as mononitrate)	20 mg	1667%	Chromium (as polynicotinate)	200 mcg	571%
Riboflavin	20 mg	1539%	Molybdenum (as chelate)	80 mcg	178%
Niacin (as niacinamide)	40 mg NE	250%	Men's Heart Healthy Blend		*
Vitamin B6 (as pyridoxine HCl)	40 mg	2353%	Citrus Bioflavonoids, Grape Seed Extract, Olive Extract (leaf), Artichoke Extract (fruit), Pomegranate Extract (fruit), Turmeric Extract (root), Black Cherry Extract (fruit), Cocoa Powder, Mixed Tocopherols		
Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolic acid glucosamine salt)	100 mcg DFE	25%	Prostate Health Blend		*
Vitamin B12 (as methylcobalamin)	250 mcg	10,417%	Nettle Extract (leaf), Pumpkin Extract (seed), Graminex G63™ Flower Pollen Extract, Lycopene (from tomato fruit)		
Biotin	200 mcg	667%	Silicon (as dioxide)		*
Pantothenic Acid (as calcium pantothenate)	40 mg	800%	Lutein (from marigold flower)		*
Calcium (as carbonate, ascorbate)	50 mg	4%	Vanadium (as sulfate)		*
Iodine (from potassium iodide)	150 mcg	100%			
Magnesium (as oxide, ascorbate)	200 mg	48%			

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, maltodextrin, stearic acid, croscarmellose sodium, vegetable magnesium stearate, hydroxypropyl methylcellulose, polydextrose, titanium dioxide, glycerin, talc, medium chain triglycerides



Please see bottom of bottle for Lot No. and Expiration Date

SKU: DNM 02 T34000, 2017 R-2