



# ADVOCARE SPARK<sup>®</sup> ENERGY

## VITAMIN & AMINO ACID SUPPLEMENT

○ SHARPENS MENTAL FOCUS\*

■ ○ LONG-LASTING ENERGY\*

○ SUGAR FREE

**Mango Strawberry**

NATURAL & ARTIFICIAL FLAVOR

14 STICK PACKS - 0.25 OZ (7g)

NET WT 3.5 OZ (98g)

### SPARK<sup>®</sup>

is a unique blend of 20 vitamins, minerals and nutrients that work synergistically to provide a healthy, balanced and effective source of mental focus and energy.\*

#### SUPPLEMENT FACTS

Serving Size: 1 stick pack (0.25 oz/7g) [makes 8 fl oz prepared]  
Servings Per Container: 14

|                                            | Amt Per Serving | %DV  |
|--------------------------------------------|-----------------|------|
| Calories                                   | 15              |      |
| Total Carbohydrate                         | 4g              | 1%†  |
| Vitamin A (as beta-carotene)               | 1,000 IU        | 20%  |
| Vitamin C (as ascorbic acid)               | 180mg           | 300% |
| Vitamin E (as d-alpha tocopheryl acetate)  | 30 IU           | 100% |
| Thiamine (as HCl)                          | 3mg             | 200% |
| Riboflavin                                 | 3.4mg           | 200% |
| Niacin (as niacinamide)                    | 60mg            | 300% |
| Vitamin B6 (as pyridoxine HCl)             | 15mg            | 750% |
| Vitamin B12 (as cyanocobalamin)            | 45mcg           | 750% |
| Pantothenic acid (as calcium pantothenate) | 50mg            | 500% |
| Zinc (as zinc monomethionine)              | 3mg             | 20%  |
| Copper (as copper glycinate)               | 200mcg          | 10%  |
| Chromium (as chromium citrate)             | 24mcg           | 20%  |

#### SUPPLEMENT FACTS CONTINUED

|                                     |       |   |
|-------------------------------------|-------|---|
| Choline (as bitartrate and citrate) | 500mg | * |
| L-Tyrosine                          | 500mg | * |
| Taurine                             | 200mg | * |
| Caffeine                            | 120mg | * |
| Glycine                             | 100mg | * |
| L-Carnitine (as tartrate)           | 10mg  | * |
| Inositol                            | 10mg  | * |

†Percent Daily Values (DV) are based on a 2,000-calorie diet.  
\*Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, SUCRALOSE, SILICON DIOXIDE.

#### Directions For Use:

Blend, shake or stir contents of one stick pack into 8 fluid ounces of water.

CAUTION: PREGNANT OR NURSING WOMEN SHOULD CONSULT A HEALTHCARE PROFESSIONAL PRIOR TO USE. NOT FOR USE BY CHILDREN OR PERSONS WHO ARE SENSITIVE TO CAFFEINE OR CHOLINE.

KEEP OUT OF REACH OF CHILDREN.

Store away from excessive heat, light and humidity.



RECYCLABLE MATERIAL

OWL 081817



A5096/02\_F02D230617

Formulated/manufactured exclusively for AdvoCare<sup>®</sup> International L.P. Plano, TX 75074 • 800-542-4600

For more information visit [www.advocare.com](http://www.advocare.com).

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.