

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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Suggested use: As a dietary supplement, chew and dissolve one tablet in mouth once per day.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Rev 0 12 15 17



B-12

METHYLCOBALAMIN

Brain and Nervous System Health*

5,000 mcg HIGH ABSORPTION

VITAMIN SUPPLEMENT | **60 TABLETS**

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin B-12	5,000 mcg	208,333%
(methylcobalamin)		

Other ingredients: Xylitol, microcrystalline cellulose (plant fiber), croscarmellose sodium, crospovidone, citric acid, cellulose gum, hydroxypropyl methylcellulose, hydroxypropyl cellulose, natural strawberry flavor, calcium palmitate, silica, vegetable juice color [gum arabic, vegetable juice (beet, black carrot, purple sweet potato, red cabbage, red radish), maltodextrin, citric acid], stevia leaf extract (*Stevia rebaudiana*).

SWU122

