



Brain
Health**



Eye
Health**



Overall
Well-being**



Heart
Health**

equate™

Compare
to Centrum®
Silver®
Adults 50+*

Complete Multivitamin

ADULTS 50+

Dietary Supplement

- With Lutein and Lycopene
- Comprehensive nutritional support for adults 50+
- Iron-free

**125
TABLETS**

♦ 8-Vitamins and Zinc help support normal brain function through their roles in carbohydrate metabolism.**

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 2500 IU (40% as beta-carotene)	50%	Magnesium 50 mg	13%
Vitamin C 60 mg	100%	Zinc 11 mg	73%
Vitamin D ₃ 1000 IU	250%	Selenium 19 mcg	27%
Vitamin E 50 IU	167%	Copper 0.5 mg	25%
Vitamin K 30 mcg	38%	Manganese 2.3 mg	115%
Thiamine 1.5 mg	100%	Chromium 50 mcg	42%
Riboflavin 1.7 mg	100%	Molybdenum 45 mcg	60%
Niacin 20 mg	100%	Chloride 72 mg	2%
Vitamin B ₆ 3 mg	150%	Potassium 80 mg	2%
Folic Acid 400 mcg	100%	Nickel 5 mcg	*
Vitamin B ₁₂ 25 mcg	417%	Silicon 2 mg	*
Biotin 30 mcg	10%	Vanadium 10 mcg	*
Pantothenic Acid 10 mg	100%	Lutein 250 mcg	*
Calcium 220 mg	22%	Lycopene 300 mcg	*
Phosphorus 20 mg	2%		
Iodine 150 mcg	100%		

*Daily Value (DV) not established.

INGREDIENTS: Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Magnesium Oxide, Maltodextrin, Ascorbic Acid, Microcrystalline Cellulose, d-Alpha Tocopheryl Acetate, Gelatin. Contains 2% or less of: Beta-Carotene, BHT, Biotin, Carboxymethylcellulose Sodium, Cholecalciferol, Chromium Picolinate, Cupric Sulfate, Cyanocobalamin, D-Calcium Pantothenate, d-Alpha Tocopherol, DL-Tartaric Acid, FD&C Blue No. 2 Lake, FD&C Red No. 40 Lake, FD&C Yellow No. 6 Lake, Folic Acid, Glucose, Gum Arabic, Hydroxypropyl Methylcellulose, Lutein, Lycopene, Magnesium Stearate,

Manganese Sulfate, Medium Chain Triglycerides, Nickel Sulfate, Nicotinamide, Phytonadione, Polydextrose, Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride, Retinyl Acetate, Riboflavin, Silicon Dioxide, Sodium Ascorbate, Sodium Benzoate, Sodium Metavanadate, Sodium Molybdate, Sodium Selenite, Sorbic Acid, Starch, Sucrose, Sunflower Oil, Talc, Thiamine Mononitrate, Titanium Dioxide, Tocopherol, Tricalcium Phosphate, Zinc Oxide.

DISTRIBUTED BY: Wal-Mart Stores, Inc., Bentonville, AR 72716

†This product is not manufactured or distributed by Wyeth Holdings Corporation, the owner of the registered trademarks Centrum® Silver®.

PRODUCT OF CHINA

SUGGESTED USE: Adults – One tablet daily with food as a dietary supplement.

Gluten-Free • NO ARTIFICIAL FLAVORS • NO LACTOSE

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their doctor before using this product.

KEEP OUT OF REACH OF CHILDREN. Store at 15° - 30°C (59° - 86°F).

Antioxidants to help support healthy immune function†

B-Vitamins to help sustain energy levels†

Calcium and Vitamin D₃ to help support bone and colon health†

Vitamins B₆, B₁₂, and Folic Acid to help promote a healthy heart†

Helps promote and support healthy, normal body structure and function throughout life†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Satisfaction guaranteed - For questions or comments please call 1-888-287-1915.

SAFETY-SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN OR MISSING.



PLEASE
RECYCLE

655913



6 81131 07173 4

FRESHNESS AND POTENCY GUARANTEED THROUGH:

137483
518662
WMT647482