WARNING: If you are pregnant or nursing, taking any medication, or have any medical condition, consult a health care professional before use. KEEP OUT OF THE REACH

OF CHILDREN

Do not use this product if the safety seal on the bottle is broken or missing.

Not for individual resale without exterior packaging.

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TWINLAB

MEGA B-12 DOTS

5000 mcs

30 Tablets Dietary Supplement

Ingredients: Mannitol, cellulose, cyanocobalamin, croscarmellose sodium, silica, magnesium stearate, vegetable based stearic acid, cherry flavor.

Directions: One dot daily. For best results, allow tablet to dissolve in mouth before swallowing. Store in a cool, dry place.

MANUFACTURED BY IDEASPHERE INC. AMERICAN FORK, UTAH 84003 U.S.A 1-800-645-5626

Best if used by date shown on bottle.