

stay in top form

The exclusive formula in Innergize® delivers nutrients like chromium and zinc in their most readily absorbed forms. Innergize! adds L-carnitine and L-glutamine to help increase energy and muscle development, magnesium oxide to promote oxygen absorption, and beta carotene to protect against free radicals.*

on or off the field

Innergize! is formulated to help you perform your best — whether working out or working in the yard.* No matter your routine, the vitamins, minerals and amino acids in Innergize! optimize your energy production, oxygen absorption and immune system so you get the most out of every day.*

directions

Add 1 scoop of Innergize! per 8 oz. water and shake or stir until dissolved. For added benefits, use in combination with other Reliv nutritional formulas.

For more information or to order, call 800 RELIV US (735.4887).

ChromMate® brand of niacin-bound chromium and OptiZinc® brand of zinc monomethionine are registered trademarks of InterHealth LLC.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product was manufactured in a facility that also uses soy, fish (anchovy, sardine) and milk which may result in the presence of the allergen in this product.

OptiZinc
CHROMMATE®

K

HALAL

gluten free



innergize!

natural lemon flavor dietary supplement

Net Wt. 20.11 oz
(1lb. 4.11oz)

Supplement Facts

Serving Size: 1 Scoop (19 g)
Servings Per Container 30

	Amount per Serving	% Daily Value
Calories	20	
Total Carbohydrate	17 g	64%
Sugars	13 g	
Vitamin A (100% as Beta Carotene)	250 IU	5%
Vitamin C	60 mg	100%
Calcium	100 mg	10%
Magnesium	40 mg	10%
Zinc	4 mg	27%
Chromium	40 mcg	24%
Sodium	50 mg	2%
Potassium	60 mg	2%

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Values not established.

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Tricalcium Phosphate, Natural Flavor, Potassium Citrate, Sodium Chloride, Magnesium Oxide, Ascorbic Acid, Sunflower Oil, L-Glutamine, Beta Carotene, OptiZinc® brand of Zinc Monomethionine, L-Carnitine and ChromMate® Brand of Niacin Bound Chromium Polynicotinate.

Manufactured and distributed by Reliv International, Inc.,
Owensboro, KY 40301. 1-800-735-4887



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