



ADVOCARE SPARK[®] ENERGY

VITAMIN & AMINO ACID SUPPLEMENT

- SHARPENS MENTAL FOCUS*
- ○ LONG-LASTING ENERGY*
- SUGAR FREE

Fruit Punch
NATURAL & ARTIFICIAL FLAVORS

14 STICK PACKS - 0.25 OZ (7g)
NET WT 3.5 OZ (98g)



A5093/02_F01D230716

SPARK[®]

is a unique blend of more than 20 vitamins, minerals and nutrients that work synergistically to provide a healthy, balanced and effective source of mental focus and energy.*

SUPPLEMENT FACTS

Serving Size: 1 stick pack (0.25 oz/7g) [makes 8 fl oz prepared]
Servings Per Container: 14

	Amt Per Serving	%DV
Calories	15	
Total Carbohydrate	4g	1%†
Vitamin A (as beta-carotene)	1,000 IU	20%
Vitamin C (as ascorbic acid)	180mg	300%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Thiamine (as HCl)	3mg	200%
Riboflavin	3.4mg	200%
Niacin (as niacinamide)	60mg	300%
Vitamin B6 (as pyridoxine HCl)	15mg	750%
Vitamin B12 (as cyanocobalamin)	45mcg	750%
Pantothenic acid (as calcium pantothenate)	50mg	500%
Zinc (as zinc monomethionine)	3mg	20%
Copper (as copper glycinate)	200mcg	10%
Chromium (as chromium citrate)	24mcg	20%

SUPPLEMENT FACTS CONTINUED

Choline (as bitartrate and citrate)	500mg	*
L-Tyrosine	500mg	*
Taurine	200mg	*
Caffeine	120mg	*
Glycine	100mg	*
L-Carnitine (as tartrate)	10mg	*
Inositol	10mg	*

†Percent Daily Values (DV) are based on a 2,000-calorie diet.

*Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, CITRIC ACID, BEET ROOT POWDER (FOR COLOR), NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, SILICON DIOXIDE.

Directions For Use:

Blend, shake or stir contents of one stick pack into 8 fluid ounces of water.

CAUTION: PREGNANT OR NURSING WOMEN SHOULD CONSULT A HEALTHCARE PROFESSIONAL PRIOR TO USE. NOT FOR USE BY PERSONS WHO ARE SENSITIVE TO CAFFEINE OR CHOLINE.

KEEP OUT OF REACH OF CHILDREN.

For maximum freshness, store product in a cool, dry place.



RECYCLABLE MATERIAL

Formulated/Manufactured exclusively
for AdvoCare[®] International L.P. Plano, TX 75074 • 800-542-4800

For more information visit www.advocare.com.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.