

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

**Bluebonnet's GTF Chromium 200 mcg Capsules** contain GTF, a yeast-source trivalent chromium in its purest form. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by  
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# Bluebonnet



# GTF Chromium 200 mcg



Dietary Supplement  
**200 Vegetable Capsules**



## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
GTF Chromium (as yeast-source trivalent chromium)	200 mcg	167

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate, silica.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.