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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SPRING VALLEY™

VITAMIN

B₁₂

SUPPLEMENT
500 mcg PER TABLET

METABOLISM SUPPORT*

Vitamin B₁₂ is essential for healthy energy metabolism and also supports cardiovascular and nervous system health.*

100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving **% Daily Value**

Vitamin B-12 500 mcg 20,833%
(as Cyanocobalamin)

OTHER INGREDIENTS: Cellulose (Plant Origin), Mannitol, Croscarmellose, Vegetable Stearic Acid. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

DISTRIBUTED BY:
Wal-Mart Stores, Inc.,
Bentonville, AR 72716
PRODUCT OF CHINA

SUGGESTED USE: Adults, take one tablet daily, preferably with a meal.

NO

Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Soy, Artificial Color, Artificial Flavor, Sodium (less than 5 mg per serving)

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN.
Store at room temperature 59° - 86°F (15° - 30°C). Keep bottle tightly closed.

FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

• QUALITY GUARANTEED •

For questions
or comments call
1-866-251-1662.
Walmart.com/springvalley

Item No. 1379
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FRESHNESS AND POTENCY GUARANTEED THROUGH: