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3341**ONE A DAY** Prenatal  
women'sSUPPORTS MOM  
& BABY BEFORE,  
DURING & AFTER  
PREGNANCY\*

Complete Prenatal Multivitamin with FOLIC ACID plus DHA:

- DHA to help support healthy fetal brain and eye development during pregnancy\* and is also recommended by experts while breastfeeding
- Folic Acid - Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect
- Iron in pregnant women helps carry oxygen to the fetus\*

Does not contain aspirin.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**ONE A DAY**  
women's  
MULTIVITAMIN/MULTIMINERAL  
SUPPLEMENT**Prenatal**  
with DHA

Complete Prenatal Multivitamin with FOLIC ACID plus DHA:

- DHA to help support healthy fetal brain and eye development\*
- Provides 100% Daily Value of Folic Acid

30 Prenatal DHA/EPA Liquid Gels &  
30 Prenatal Multivitamin TabletsQuestions or comments?  
Please call 1-800-900-4793  
(Mon-Fri 9AM - 5PM EST)

DHA/EPA Liquid Gel Made in Peru

MULTIVITAMIN: Made in the USA of  
US & Imported MaterialsDist. by:  
Bayer HealthCare LLC  
Whippany, NJ 07981Bayer, the Bayer Cross, One A Day and  
Prenatal Woman design are registered  
trademarks of Bayer.

Bayer

Directions: Adults: One tablet and one liquid gel daily, with food.

**Supplement Facts**

Serving Size: One tablet

Amount Per Serving	% Daily Value for Pregnant and Lactating Women	Amount Per Serving	% Daily Value for Pregnant and Lactating Women	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Vitamin A 4000 IU	100%	Vitamin B <sub>6</sub> 2.0 mg	100%	Iron	29 mg 130%
Biotin (as biotin-calcium)	100%	Vitamin B <sub>12</sub> 2.5 mcg	100%	Iodine	60 mcg 100%
Vitamin C 60 mg	100%	Folic Acid 800 mcg	100%	Magnesium	60 mg 11%
Vitamin D 400 IU	100%	Vitamin B <sub>12</sub> 2 mcg	100%	Zinc	15 mg 100%
Vitamin E 30 IU	100%	Biotin	300 mcg 100%	Copper	2 mg 100%
Vitamin B <sub>1</sub> 1.7 mg	100%	Pantothenic Acid	10 mg 100%		
Niobium (E <sub>2</sub> ) 2 mg	100%	Calcium (elemental)	300 mg 20%		

**INGREDIENTS:** Calcium Carbonate, Microcrystalline Cellulose, Magnesium Oxide, Ferrous Fumarate, Ascorbic Acid, d-Alpha-Tocopheryl Acetate, Less than 2% of Beta-Carotene, Biotin, Cholecalciferol, Croscarmellose Sodium, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothinate, FD&C Red #40 Dye, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Folic Acid, Hydroxypropyl Methylcellulose, Nicotinamide, Polyethylene Glycol, Polyoxa-80, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Stearic Acid, Titanium Dioxide, Titanium Dioxide (color), Vitamin A Acetate, Zinc Oxide.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**Supplement Facts**

Serving Size: One liquid gel

Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Omega-3 Fatty Acids (from fish oil)	225 mg *
DHA (docosahexaenoic acid)	200 mg *
EPA (eicosapentaenoic acid)	25 mg *

\*Daily Value not established.

**INGREDIENTS:** Marine Lipid Concentrate, Gelatin, Water, Citric Acid, Ethylcellulose, Less than 2% of Medium Chain Triglycerides, Oleic Acid, Sodium Alginate, Stearic Acid. Contains: Fish (mackerel, tuna) and Soy.

SEE SIDE PANEL FOR ADDITIONAL WARNINGS

A COMPLETE MULTIVITAMIN  
WITH MORE OF WHAT MATTERS TO  
MOM AND BABYOne A Day® Women's Prenatal supports  
your nutritional needs at  
three key stages:\*

1 while you're trying to conceive

2 during pregnancy

3 and while breastfeeding

One A Day® Women's Prenatal includes  
a complete multivitamin tablet with at  
least 100% Daily Value for key nutrients  
such as folic acid and iron.One A Day® Women's Prenatal also  
includes a liquid gel with DHA,  
an Omega-3 fatty acid that helps  
support healthy fetal brain and eye  
development during pregnancy\*  
and is also recommended by  
experts for breastfeeding mothers.

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EXPIRATION DATE:

**ONE A DAY**  
women'sAsk a doctor before use if you are  
taking a drug for anticoagulation  
(blood thinning) or if you have  
bleeding problems.If you are pregnant inform your  
doctor, or if nursing, your child's  
doctor, that you are using this  
product.Store at room temperature. Avoid  
excessive heat. Replace cap after use.KEEP OUT OF REACH OF CHILDREN  
CHILD RESISTANT CAPMultivitamin: Do not use this  
product if printed safety seal  
bearing "Bayer HealthCare" under  
cap is torn or missing.Liquid Gels: Do not use this product  
if safety seal bearing "SEALED FOR  
YOUR PROTECTION" under cap is  
torn or missing.

Does not contain aspirin.