

INGREDIENTS: Calcium Carbonate, Omega-3 Fish Oil, Gelatin, Glycerin, Magnesium Oxide, Yellow Beeswax, Ascorbic Acid; Less than 2% of: Beta-Carotene, Biotin, Carbonyl Iron, Cupric Oxide, d-Alpha Tocopherol, D-Calcium Pantothenate, FD&C Blue #1, FD&C Red #40, Folic Acid, Niacinamide, Potassium Iodide, Purified Water, Pyridoxine Hydrochloride, Riboflavin, Soy Lecithin, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Palmitate, Vitamin B₁₂, Vitamin D₃ (Cholecalciferol), Zinc Oxide.

Contains: Fish (anchovy, jack mackerel, sardine, tuna) and Soy.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store at room temperature. Avoid excessive heat.

KEEP OUT OF REACH OF CHILDREN

CHILD RESISTANT CAP

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

Not for children

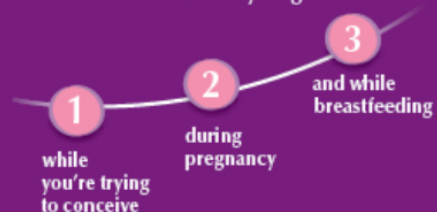
Do not use if safety seal bearing "SEALED for YOUR PROTECTION" under cap is torn or missing.

Made in the USA of US & Imported Materials
Dist. by: Bayer HealthCare LLC
Whippany, NJ 07981

Does not contain aspirin.

A COMPLETE MULTIVITAMIN WITH MORE OF WHAT MATTERS TO MOM AND BABY

One A Day® Women's Prenatal 1 supports your nutritional needs at three key stages:*



One A Day® Women's Prenatal 1 is a multivitamin with at least 100% of the Daily Value for key nutrients such as folic acid and iron.

One A Day® Women's Prenatal 1 also has DHA, an Omega-3 fatty acid, that helps support healthy fetal brain and eye development during pregnancy* and is also recommended by experts for breastfeeding mothers.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*As compared to 300 mg of Calcium in One A Day® Women's Prenatal

Questions or comments?

Please call 1-800-800-4793 (Mon-Fri 9AM - 5PM EST)

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C3174

Bayer

1 Complete Softgel[®] with DHA

ONE A DAY[®]
women's

Prenatal 1

with **DHA & Folic Acid**

Complete Prenatal Multivitamin with FOLIC ACID plus DHA:

- DHA to help support healthy fetal brain and eye development*
- Provides 100% of recommended Daily Value of Folic Acid

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30 Softgels

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

Directions: Adults, take one softgel daily with food.

Supplement Facts

Serving Size: One softgel

	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Calories	10	
Calories From Fat	5	
Total Fat	0.5 g	*
Polyunsaturated Fat	0.5 g	*
Cholesterol	25 mg	*
Vitamin A (50% as beta-carotene)	4000 IU	50%
Vitamin C	60 mg	100%
Vitamin D	400 IU	100%
Vitamin E	30 IU	100%
Thiamin (B ₁)	1.7 mg	100%
Riboflavin (B ₂)	2 mg	100%
Niacin	20 mg	100%
Vitamin B ₆	2.5 mg	100%
Folic Acid	800 mcg	100%
Vitamin B ₁₂	8 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid	10 mg	100%
Calcium (elemental)	200 mg	15%
Iron	28 mg	156%
Iodine	150 mcg	100%
Magnesium	50 mg	11%
Zinc	15 mg	100%
Copper	2 mg	100%
Sodium	15 mg	*
Omega-3 Fatty Acids (from fish oil)	235 mg	*
DHA (docosahexaenoic acid)	200 mg	*
EPA (eicosapentaenoic acid)	35 mg	*

*Daily Value not established.



EXPIRATION DATE:

LOT / EXP area