

**PROBIOTIC-CULTURED.
NON-GMO PROJECT VERIFIED.
WHOLE-FOOD COMPLEXED.**

**Suggested use: One tablet daily.
Can be taken anytime, even
on an empty stomach.**

Gluten free; 100% vegetarian;
no artificial flavors or colors.

Get the *Whole Truth!* Sign up for our
e-newsletter at: newchapter.com/newsletter

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: As with any dietary or herbal supplement,
you should advise your healthcare practitioner of
the use of this product. If you are nursing, pregnant,
or considering pregnancy, you should consult your
healthcare practitioner prior to using this product.

***This statement has not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure,
or prevent any disease.**

Please recycle this bottle after use.

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40+ every woman's ONE DAILY MULTI

**Whole-Food Cultured Multivitamin
with Nutrients for Bone, Hormone
and Digestion Support***

Can be taken on an empty stomach



96 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU 100%	Cruciferous Sprouts Blend (sprouted seeds)	50 mg *
Vitamin C (as ascorbic acid from culture media)	60 mg 100%	Organic Broccoli, Organic Cauliflower, Organic Kale, Organic Daikon Radish, Organic Cabbage, Organic Mustard	
Vitamin D3 (as cholecalciferol from culture media)	1000 IU 250%	Hormone Support Blend (from culture media)	50 mg *
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU 100%	Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)	
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg 100%	Stress/Energy Support Blend (from culture media)	30 mg *
Thiamin (as thiamine hydrochloride from culture media)	2 mg 133%	Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)	
Riboflavin (from culture media)	2 mg 118%	Cardio Support Blend	20 mg *
Niacin (as niacinamide from culture media)	20 mg 100%	Organic Fenugreek (seed) from culture media, Organic Oregano (leaf) from culture media, Grapeseed extract, Organic Hawthorn (berry and seed) from culture media	
Vitamin B6 (as pyridoxine hydrochloride from culture media)	5 mg 250%	Digestive Support Blend (from culture media)	10 mg *
Folate (as folic acid from culture media)	200 mcg 50%	Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (seed), Organic Artichoke (leaf)	
Vitamin B12 (as cyanocobalamin from culture media)	25 mcg 417%	Ginger (rhizome) hydroethanolic extract	3.2 mg *
Biotin (from culture media)	150 mcg 50%	Organic Turmeric (rhizome) powder (from culture media)	3.2 mg *
Pantothenic Acid (as calcium D-pantothenate from culture media)	10 mg 100%	Organic Ginger (rhizome) supercritical extract	0.8 mg *
Calcium (from algae Lithothamnion [L. calcareum and L. coralloides])	25 mg 3%	Organic Turmeric (rhizome) supercritical extract	0.8 mg *
Iodine (as potassium iodide from culture media)	75 mcg 50%		
Magnesium (as magnesium oxide from culture media and Lithothamnion [L. calcareum and L. coralloides])	6 mg 2%		
Zinc (as zinc oxide from culture media)	7.5 mg 50%		
Selenium (as selenium dioxide from culture media)	75 mcg 107%		
Copper (as copper sulfate anhydrous from culture media)	750 mcg 38%		
Manganese (as manganese chloride from culture media)	1 mg 50%		
Chromium (as chromium chloride from culture media)	60 mcg 50%		
Molybdenum (as sodium molybdate from culture media)	10 mcg 13%		

* Daily Value not established

Other Ingredients: Culture media (organic milled soy, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic gum acacia, organic carrot powder, organic alfalfa powder, organic orange peel, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], papain [deactivated], bromelain [deactivated]) and organic molasses, organic gum acacia, silicon dioxide, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).**

** The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301

For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA