

Directions: As a dietary supplement, take four once caplets daily or as directed by a healthcare practitioner.

Bluebonnet's Calcium Citrate Plus Vitamin D₃ Caplets contain calcium in a chelate of calcium citrate, plus pure vitamin D₃ (cholecalciferol) from lanolin. Available in easy-to-swallow caplets for maximum assimilation and absorption.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by
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Bluebonnet



Calcium Citrate Plus Vitamin D₃

High Potency Calcium Citrate
Dietary Supplement



180 Caplets



Supplement Facts

Serving Size 4 Caplets Servings Per Container 45

Amount Per Serving		% Daily Value
Vitamin D ₃ (as 800 IU cholecalciferol)	20 mcg	100
Calcium (as calcium citrate)	1000 mg	77

Daily Value based on a 2,000 calorie diet.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silica, vegetable glaze.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sugar.

Minerals are shown in their elemental value.