

Swanson® EFAs

SUPERIOR ESSENTIAL FATTY ACIDS

ΩMEGA^{TRU}®

Evening Primrose Oil

Dietary Supplement

100 softgels • 500 mg



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take two softgels two to three times per day with food and water.

WARNING: Consult your healthcare provider before use if you are pregnant, nursing or taking prescription medications.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 50

Amount Per Serving	% Daily Value
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Calories	10
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Total Fat	1 g
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	1%
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Evening Primrose Oil (typically providing 8–10% gamma linolenic acid—GLA)	1 g *
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Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

MADE IN CANADA

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
Fargo, ND 58104 USA

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