

C.G.P. is ideal for any consumer who demands superior quality, uncompromising results, and is looking to increase lean muscle mass, strength, endurance, and maximize physical enhancement...guaranteed!*

Dedicated to manufacturing high quality nutritional supplements, backed by scientific research and formulated by a medical doctor, Metabolic Nutrition was the first to introduce Creatine-Glycerol-Phosphate to the marketplace. Admired by physicians, athletes and consumers alike, **C.G.P.** has the distinction of delivering pure "Muscle Torque Energy" in a 100% stable and absorbable phosphate bonded creatine supplement. Unlike creatine monohydrate which mostly converts into "Creatinine" (a toxic and unusable form of creatine) once mixed in liquid, **C.G.P.'s** chemical structure is strong enough to be mixed in water or other beverages without any degradation which affects other creatine products. Engineered with a glycerol compound, **C.G.P.** is able to accelerate absorption in the GI Tract via a specialized pathway, thus eliminating all negative side effects such as cramps, bloating and nausea associated with most creatine products. **C.G.P.'s** superior phosphate bonded chemical structure remains completely intact and is directly assimilated into your bloodstream. Due to **C.G.P.'s** high absorption rate, a "loading phase" or "high carbohydrate" beverage are not needed, allowing **C.G.P.** to be used by individuals on low carbohydrate diets. **C.G.P.** serves as its own high energy phosphate and electrolyte reservoir contributing to the production of ATP, delaying fatigue, increasing strength, and magnifying endurance. Not only do the ingredients in **C.G.P.** prolong physical stamina, but they also improve nutrient utilization and muscle recovery making it a critical supplement in any athlete's workout.*

CAUTION: Do not exceed recommended dose. Not intended for use by persons under the age of 18, those with a medical condition, or those with a history of kidney disease. Do not use if pregnant or lactating. If you are under the care of a physician, please consult your physician before using this product. Do not use if tamper resistant seal is broken. **KEEP OUT OF REACH OF CHILDREN. USPA #A-0001, ONLY PLACE AND WORDS SHOULD BEAT.**

CALIFORNIA RESIDENTS ONLY:

WARNING: Consuming this product may expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm.

FOR PLACEMENT ONLY

Barcode: 0947702120017



Manufactured and Distributed by:
Metabolic Nutrition®
Fort Lauderdale, FL
For More Information:
1-800-845-1000
www.metabolenutrition.com

Major Warning: Manufactured in a plant that also processes eggs, soy, peanuts, tree nut, fish, crustaceans, wheat, and wheat products.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

C.G.P.

Creatine Glycerol Phosphate

Muscle Torque Energy

physician formulated



Lemonade

- Superior to Creatine Monohydrate
- Triggers Harder Muscle Contractions*
- Amplifies Muscular Pumps and Enhances Vascularity*
- Increases ATP Production & Prolongs Endurance*
- No Bloating, No Cramping, No Loading, No Sugar*

400 GRAMS
DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving size: 1 scoop (10 g) Servings per container: 40

	Amount Per Serving	% DV
Creatine-Glycerol-Phosphate Blend: Containing: C.G.P. (Creatine + Glycerol + Phosphate), Potassium Gluconate, Magnesium Gluconate, Calcium Glycerol Phosphate, Sodium Chloride, Alpha Lipid Acid	10 g	100%

*Only values are not established.

Other Ingredients: Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Citric Acid, FD&C Yellow #5, Yellow #5 Aluminum Lake, Silica, Stabilizer, Cross Link Protein-Enzyme.

DIRECTIONS FOR USE:

Suggested Use on Training Days: As a dietary supplement, take 1 scoop with 8-16oz of cold water or juice 30-40 minutes prior to training.
Suggested Use on Non-Training Days: As a dietary supplement, take 1 scoop with 8-16oz of cold water or juice.

NOTE: For added physical endurance, muscular pumps, and increased strength, add 1 serving of C.G.P. to any pre-workout supplement or other Metabolic Nutrition products to further enhance desired results.*



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