

Directions: As a dietary supplement, take four capsules daily or as directed by a healthcare practitioner.

Bluebonnet's Calcium Magnesium Plus Boron Capsules are a specially formulated with a high potency combination of calcium, magnesium and the trace mineral boron. Formulated with amino acid chelates from whole rice protein. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by
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Bluebonnet[®]



Calcium Magnesium Plus Boron

Easy-To-Swallow Capsules
Dietary Supplement
90 Vegetable Capsules



Supplement Facts

Serving Size 4 Capsules

Servings Per Container 22.5

Amount Per Serving		% Daily Value
Calcium	1000 mg	100
(as amino acid chelate from rice protein, carbonate)		
Magnesium	500 mg	125
(as amino acid chelate from rice protein, oxide)		
Boron	2 mg	*
(as citrate, aspartate, glycinate)		

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.

Minerals are shown in their elemental value.