

**Directions:** As a dietary supplement, take two softgels once daily or as directed by a healthcare practitioner.

**Bluebonnet's Milk-Free Calcium 1200 mg Plus Vitamin D<sub>3</sub> Softgels** are specially formulated with a high potency combination of calcium carbonate and pure vitamin D<sub>3</sub> (cholecalciferol) from lanolin. Available in easy-to-swallow softgels for maximum assimilation and absorption.

Manufactured for  
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# Bluebonnet



## Milk-Free Calcium 1200 mg

Two Softgels Provide Calcium 1200 mg  
Plus Vitamin D<sub>3</sub> 400 IU  
Dietary Supplement  
**120 Softgels**



## Supplement Facts

Serving Size 2 Softgels    Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin D <sub>3</sub> (as 400 IU cholecalciferol)	10 mcg	50
Calcium (as carbonate)	1200 mg	92

Daily Value based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, purified water, lecithin, soybean oil, silica.

**Contains: Soybeans**

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.