

take it to heart

High blood cholesterol is a major risk factor for Coronary Heart Disease (CHD).

Consuming CardioSentials® in addition to a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.

Diets low in saturated fat and cholesterol that include two servings of foods that provide a daily total of at least 800 mg of phytosterols in two meals may reduce the risk of heart disease. A serving of CardioSentials supplies 1500 mg of phytosterols.

directions

Add 1 scoop of CardioSentials to 6-8 oz. of water, juice or skim milk and shake or blend until dissolved. For added benefits, use in combination with other Reliv nutritional formulas.

For more information or to order, call 800 RELIV US (735.4887).

Optiberry®, Protykin® and ChromeMate® brand of niacin-bound chromium are registered trademarks of InterHealth NL.

Pantestin® is a registered trademark of Daiichi Fine Chemical Co., Ltd.

This product was manufactured in a facility that also uses fish (anchovy, sardine) and milk which may result in the presence of the allergen in this product.

Pantestin

CHROME MATE

PROTYKIN

gluten free



cardio sentials®

helps to lower total blood cholesterol levels‡
dietary supplement

Net Wt. 11.64 oz

Supplement Facts

Serving Size: 1 Scoop (11 g)
Servings Per Container: 30

	Amount per Serving	% Daily Value
Calories	25	
Total Carbohydrate	7 g	24%
Dietary Fiber	1 g	40%
Sugars	1.1 g	
Chromium (as chromium polynicotinate-ChromeMate®)	10 mcg	8%
Sodium	6 mg	<1%
Potassium	65 mg	2%

Plant Sterols (Phytosterols)	1.5 g	**
Psyllium (seed) Husk	100 mg	**
Wild Green Oat (leaf) Extract (Beta-Glucan)	486 mg	**
Pantothine (Pantestin®)	360 mg	**
Guggul (gum resin) (2.5% Guggulipid)	350 mg	**
Potassium D-Glucuronate	200 mg	**
Chinese Salvia (root and rhizome)	150 mg	**
Artichoke (root) extract	100 mg	**
Optiberry® Blend	100 mg	**
Blueberry (fruit) extract	**	**
Strawberry (fruit) powder	**	**
Cranberry (fruit) powder	**	**
Bilberry (fruit) extract	**	**
European Elder (fruit) extract	**	**
Raspberry (seed) powder	**	**
Coenzyme Q 10	90 mg	**
Japanese knotweed (root) extract (Protykin®)	25 mg	**
Policosanol (from Sugarcane) (whole plant) extract	20 mg	**

‡Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

OTHER INGREDIENTS: Maltodextrin, Fructose, Natural and Artificial Flavors, Inulin, Citric Acid, Non-GMO Soy Lecithin, Rebauna (Stevia leaf extract).



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Manufactured and distributed by Reliv International, Inc.,
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