



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Full Spectrum[®]
White Oak
Bark
Inner Bark
Herbal Supplement

60 capsules • 400 mg



- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule one to two times per day with water.

WARNING: Do not take this product if you are pregnant or nursing. Discontinue use if you experience gastrointestinal discomfort or nausea. Not recommended for long-term use.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

White Oak Inner Bark
(Quercus alba)

400 mg*

*Daily Value not established.

Other ingredients: Gelatin, rice flour, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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