

FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



108234



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SPRING VALLEY™

5-HTP

L-5-Hydroxytryptophan

100 mg PER CAPSULE

DIETARY SUPPLEMENT

MOOD HEALTH™

5-HTP is a precursor to serotonin, a neurotransmitter that supports mood health and well-being.*

30 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 15

Amount Per Serving	% Daily Value
Calcium	125 mg 10%
5-HTP (L-5-Hydroxytryptophan) (from Griffonia Extract) (<i>Griffonia simplicifolia</i>) seed	200 mg †

†Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Gelatin. Contains <2% of: Croscarmellose, Silica, Vegetable Magnesium Stearate.

DISTRIBUTED BY:
Wal-Mart Stores, Inc.,
Bentonville, AR 72716
PRODUCT OF CHINA

SUGGESTED USE: Adults, take two capsules daily, preferably at bedtime as 5-HTP may produce drowsiness. If you experience stomach sensitivity, take with food.

NO

Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Soy, Artificial Color, Artificial Flavor, Sodium (less than 5 mg per serving)

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, including antidepressants or drugs with central nervous system or serotonergic activity, or have any medical condition, including mental health or gastrointestinal concerns, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN.
Store at room temperature 59° - 86° F (15° - 30°C). Keep bottle tightly closed.

QUALITY GUARANTEED
For questions or comments call
1-888-251-1882
Wal-Mart.com/springvalley

Item No. 72443
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FRESHNESS AND POTENCY GUARANTEED THROUGH: