



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

**Alcohol
& Sugar-Free
Stinging
Nettles
Leaf
Liquid Extract**
Herbal Supplement

1 fl oz (29.6 ml)



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one dropperful (approx. 28 drops) three times per day in a small amount of water. Shake well before use.

WARNING: Do not take this product if you are pregnant or nursing.

Supplement Facts

Serving Size 1 Dropper (approximately 1 ml)
Servings Per Container 29

Amount Per Serving
Stinging Nettles Leaf Extract
(Urtica dioica)
*Daily Value not established.

1 g*

Other ingredients: Vegetable glycerin, purified water.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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