

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Chelated Manganese Capsules contain 10 mg of elemental manganese from fully reacted manganese bisglycinate, an amino acid chelate mineral from Albion. Available in an easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley and sugar.

Bluebonnet's KOF-K Certification #K-0000700

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Bluebonnet

Chelated Manganese

Amino Acid Chelate
Dietary Supplement

90 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Manganese (as manganese bisglycinate chelate)	10 mg	435

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Minerals are shown in their elemental value.

Manufactured by
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