

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Chelated Copper Capsules contain 3 mg of elemental copper from fully reacted copper bisglycinate, an amino acid chelate mineral from Albion. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

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Bluebonnet

Chelated Copper

Amino Acid Chelate
Dietary Supplement



90 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Copper (as copper bisglycinate chelate)	3 mg	333

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Minerals are shown in their elemental value.

Manufactured by
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