

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

**Bluebonnet's Yeast-Free Chelated Chromium Capsules** contain 200 mcg of elemental chromium from fully reacted chromium nicotinate glycinate, an amino acid chelate mineral from Albion. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley and sugar.

Bluebonnet's KOF-K Certification #K-0000700

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**Bluebonnet**

**Yeast-Free**

# Chelated Chromium

**Amino Acid Chelate  
Dietary Supplement**

**90 Vegetable Capsules**



## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Chromium	200 mcg	571
(as chromium nicotinate glycinate chelate)		

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Minerals are shown in their elemental value.

Manufactured by  
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