

Directions: As a dietary supplement, take three caplets once daily or as directed by a healthcare practitioner.

Bluebonnet's Chelated Calcium Magnesium Caplets contain 500 mg of elemental calcium from fully reacted calcium bisglycinate and 200 mg of elemental magnesium from magnesium glycinate chelate buffered with magnesium oxide from Albion. Buffered magnesium increases the pH (alkalinity) of the formula, making it more gentle on the digestive tract and easier to absorb. Available in easy-to-swallow caplets for maximum assimilation and absorption.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley and sugar.

Bluebonnet's KOF-K Certification #K-0000700

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Chelated Calcium Magnesium

Amino Acid Chelate Dietary Supplement

120 Caplets



Bluebonnet

Supplement Facts

Serving Size 3 Caplets

Serving Per Container 40

Amount Per Serving		% Daily Value
Calcium	500 mg	38
(as calcium bisglycinate chelate)		
Magnesium	200 mg	48
(as magnesium bisglycinate chelate, magnesium oxide)		

Daily Value based on a 2,000 calorie diet.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silica, vegetable glaze.

Minerals are shown in their elemental value.

Manufactured by
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