

Directions: As a dietary supplement, take three caplets once daily or as directed by a healthcare practitioner.

Bluebonnet's Chelated Calcium Magnesium Caplets contain 500 mg of elemental calcium from fully reacted calcium bisglycinate and 200 mg of elemental magnesium from magnesium glycinate chelate buffered with magnesium oxide from Albion. Buffered magnesium increases the pH (alkalinity) of the formula, making it more gentle on the digestive tract and easier to absorb. Available in easy-to-swallow caplets for maximum assimilation and absorption.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley and sugar.

Bluebonnet's KOF-K Certification #K-0000700

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Bluebonnet

Chelated Calcium Magnesium

Amino Acid Chelate
Dietary Supplement

60 Caplets



Supplement Facts

Serving Size 3 Caplets
Serving Per Container 20

Amount Per Serving		% Daily Value
Calcium (as calcium bisglycinate chelate)	500 mg	38
Magnesium (as magnesium bisglycinate chelate, magnesium oxide)	200 mg	48

Daily Value based on a 2,000 calorie diet.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silica, vegetable glaze.

Minerals are shown in their elemental value.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com