

ONE A DAY[®] women's

MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT



Menopause FORMULA

Complete Multivitamin with More
Formulated to Help:*

- Reduce Daytime + Nighttime Hot Flashes
- Address Mild Mood Changes
- Support Healthy Skin

50 TABLETS



81441162
2899



Questions or comments?
Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST)
Visit our website at: www.oneaday.com

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Bayer

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A	2500 IU	50%	Folic Acid	400 mcg	100%	Copper	1 mg	50%
(20% as beta-carotene)			Vitamin B ₁₂	12 mcg	200%	Manganese	2 mg	100%
Vitamin C	60 mg	100%	Biotin	300 mcg	100%	Chromium	120 mcg	100%
Vitamin D	800 IU	200%	Pantothenic Acid	15 mg	150%	Molybdenum	37.5 mcg	50%
Vitamin E	33 IU	110%	Calcium (elemental)	300 mg	30%	Soybean Isoflavones (from Extract)	60 mg	*
Thiamin (B ₁)	3 mg	200%	Iodine	150 mcg	100%			
Riboflavin (B ₂)	3.4 mg	200%	Magnesium	50 mg	13%			
Niacin	20 mg	100%	Zinc	15 mg	100%			
Vitamin B ₆	8 mg	400%	Selenium	20 mcg	29%			

INGREDIENTS: Calcium Carbonate, Powdered Soybean Isoflavones Extract, Microcrystalline Cellulose, Magnesium Oxide, Ascorbic Acid, dl-Alpha-Tocopheryl Acetate; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Croscarmellose Sodium, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, FD&C Blue #2 Lake, FD&C Red #40 Dye, FD&C Red #40 Lake, Folic Acid, Hydroxypropyl Methylcellulose, Manganese Sulfate, Nicotinamide, Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Molybdate, Sodium Selenite, Stearic Acid, Talc, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate, Zinc Oxide. Contains: Soy.

If you are pregnant, nursing, or have a history of cancer, consult your doctor prior to use.

KEEP OUT OF REACH OF CHILDREN

CHILD RESISTANT CAP

Do not use this product if printed safety seal bearing 'Bayer HealthCare' under cap is torn or missing.

†Not a replacement for heart medications.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

COMPLETE WOMEN'S MULTIVITAMIN SUPPORTS:*

Bone Strength
Heart Health†
Healthy Skin



SOY ISOFLAVONES
HELP:*

Reduce Daytime &
Nighttime Hot Flashes
Address Mild
Mood Changes

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A COMPLETE MULTIVITAMIN FOR WOMEN EXPERIENCING MENOPAUSE SYMPTOMS:



Menopause-related changes in your body can affect you both physically and emotionally. That's why you can benefit from the added nutrient support in One A Day[®] Menopause Formula.



A complete multivitamin specially designed for women at this life stage that supports:*

- Bone strength with an excellent source of Calcium
- Heart health† with Vitamins B₆, B₁₂, C, E & Folic Acid
- Physical energy with high levels of B Vitamins to help convert food to fuel
- Healthy skin with Vitamins A, C & E



It contains natural Soy Isoflavones, which research shows can help:*

- Significantly reduce daytime and nighttime hot flashes
- Address mild mood changes



Menopause is a natural part of life that all women go through. For more information on menopause, visit oneaday.com

Does not contain aspirin.