

# ONE A DAY<sup>®</sup>

women's

MULTIVITAMIN/MULTIMINERAL  
SUPPLEMENT

## WOMEN'S FORMULA

Complete Multivitamin with More

Formulated to Support:\*

- Bone Health • Heart Health<sup>††</sup>
- Immune Health • Skin Health



300 TABLETS

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

††Not a replacement for heart medications.

Directions: Adults: One tablet daily, with food.

### Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	2500 IU	50%
Vitamin C	60 mg	100%
Vitamin D (as Vitamin D <sub>3</sub> )	1000 IU	250%
Vitamin E	22.5 IU	75%
Vitamin K	25 mcg	31%
Thiamin (B <sub>1</sub> )	1.5 mg	100%
Riboflavin (B <sub>2</sub> )	1.7 mg	100%
Niacin	20 mg	100%
Vitamin B <sub>6</sub>	2 mg	100%
Folic Acid	400 mcg	100%

**INGREDIENTS:** Calcium Carbonate, Microcrystalline Cellulose, Ascorbic Acid, Ferrous Fumarate; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Croscarmellose Sodium, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, FD&C Blue #2 Lake, FD&C Yellow #5 (tartrazine) Lake, FD&C Yellow #6 Lake, Folic Acid, Hydroxypropyl Methylcellulose, Magnesium Oxide, Manganese Sulfate, Niacinamide, Phytonadione, Polyethylene Glycol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Selenite, Stearic Acid, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate, Zinc Oxide.

	Amount Per Serving	% Daily Value
Vitamin B <sub>12</sub>	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid	10 mg	100%
Calcium (elemental)	500 mg	50%
Iron	18 mg	100%
Iodine	150 mcg	100%
Zinc	15 mg	100%
Selenium	20 mcg	29%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN

CHILD RESISTANT CAP

Do not use this product if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Does not contain aspirin.

Questions or comments?  
Please call 1-800-800-4793  
(Mon-Fri 9AM – 5PM EST)

Made in the USA of US & Imported Materials

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EXPIRATION DATE: