

- ✓ Vitamin B3 contributes to the reduction of tiredness & fatigue.

PRODUCT INFORMATION:

8 sprays typically provide:	%NRV*
Niacin (B3)	3.2mg NE 20
5HTP	1.5mg
Theanine	1.5mg
Herbal extract †	5mg

*NRV = Nutrient Reference Value

† Wild Cherry,
Chamomile, Feverfew,
Ginkgo biloba, Hops,
Lavender,
Passionflower,
Skullcap & Valerian
Root.

INGREDIENTS: Purified water, sweetener: xylitol; glycerine, proprietary herbal extract, emulsifier: acacia gum; nicotinamide, natural peppermint flavour, L-5-hydroxytryptophan, L-theanine, preservative: potassium sorbate, alcohol 1.3% vol.

DOES NOT CONTAIN: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, starch, sugar, wheat, yeast.

Consult your doctor if under medical supervision or taking prescribed medications. Not advisable if pregnant or if taking anti-depressant medication. Can cause drowsiness; do not drive or operate machinery if affected.

REST WELL

Tasty Minty Flavour Spray

FOOD SUPPLEMENT
with sweetener
13.5 ml



MDRW-1007-01

MDRW013

101



Made in USA for Higher Nature, Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com

DIRECTIONS: 8 sprays in mouth before bedtime or during the night. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.
Approx. 1 month's supply.

STORAGE: Avoid contact with eyes. Store in a cool, dry, steam free environment out of reach of children.
Best before end: see base
Suitable for vegetarians and vegans. This product is not tested on animals.

higher
nature®