

# ONE A DAY<sup>®</sup>

women's

MULTIVITAMIN/MULTIMINERAL  
SUPPLEMENT

SMALLER  
TABLET<sup>‡</sup>



# 50+

HEALTHY ADVANTAGE

Formulated with Key Nutrients to Support:\*

- Cell Health • Bone Health & Joint Health
- Heart Health<sup>††</sup> • Eye Health • Immune Health

Addresses Your Health  
Concerns As You Age

100 TABLETS



\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Adults: One tablet daily, with food.

## Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	3500 IU	70%
Vitamin C	120 mg	200%
Vitamin D (as Vitamin D <sub>3</sub> )	1000 IU	250%
Vitamin E	30 IU	100%
Vitamin K	20 mcg	25%
Thiamin (B <sub>1</sub> )	4.5 mg	300%
Riboflavin (B <sub>2</sub> )	3.4 mg	200%

	Amount Per Serving	% Daily Value
Niacin	20 mg	100%
Vitamin B <sub>6</sub>	6 mg	300%
Folic Acid	400 mcg	100%
Vitamin B <sub>12</sub>	25 mcg	417%
Biotin	30 mcg	10%
Pantothenic Acid	15 mg	150%
Calcium (elemental)	300 mg	30%
Iron	0 mg	0%

	Amount Per Serving	% Daily Value
Iodine	150 mcg	100%
Magnesium	50 mg	13%
Zinc	24 mg	160%
Selenium	27 mcg	39%
Copper	2.2 mg	110%
Manganese	4.2 mg	210%
Chromium	180 mcg	150%
Molybdenum	90 mcg	120%

**INGREDIENTS:** Calcium Carbonate, Microcrystalline Cellulose, Ascorbic Acid, Magnesium Oxide, Maltodextrin, Zinc Oxide, dl-Alpha-Tocopheryl Acetate, Croscarmellose Sodium; Less than 2% of: Artificial Flavors, Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, FD&C Yellow #5 (tartrazine) Lake, FD&C Yellow #6 Lake, Folic Acid, Gelatin, Hydroxypropyl Methylcellulose, Manganese Sulfate, Niacinamide, Phytonadione, Polyethylene Glycol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Molybdate, Sodium Selenite, Stearic Acid, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate.

KEEP OUT OF REACH OF CHILDREN

Do not exceed recommended intake

Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Store at room temperature. Avoid excessive heat above 40°C (104°F).

<sup>‡</sup>Compared to One A Day Women's Formula.

<sup>††</sup> Not a replacement for heart medications.

Questions or comments? 1-800-800-4793 (Mon-Fri 9 - 5 EST)

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LOT/EXP

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