**Directions**: As a dietary supplement, take 3 tablets 1-2 times daily.

With the increasing stressors of work, family and life, our immune systems are taxed now more than ever. Viva Be Well™ is a comprehensive wellness formula that blends the power of Vitamin C, Zinc, Echinacea, Mushrooms and other immune-supporting and adaptogenic nutrients and herbs. Viva Be Well™ is designed to enhance your defenses against the daily assaults brought on by stress and poor diets.¹

No sugar, salt, starch, yeast, corn, soy, wheat, lactose, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Store in a cool dry place. Do not refrigerate. Please recycle.

## KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins<sup>™</sup> fully guarantees the potency of this product through:

©2009 Manufactured exclusively for Viva Vitamins™ 16201 Lindbergh Street, Van Nuys, CA 91406 for more information visit www.vivavitamins.com MADE IN THE USA 607/SF#616





• HERBS •

## BE WELL





Nutritional and herbal wellness formulat

210 tablets dietary supplement

## **Supplement Facts**

Serving Size: 3 Tablets

Grape Seed Extract

\* %Daily Value (DV) has not been established

Servings Per Container: 70

Amount Per Serving		%DV	
Vitamin A (as Palmitate and Beta Carote	ene)	6,000 IU	120%
Vitamin C (as Ascorbic acid, Calcium As Magnesium Ascorbate)	scorbate,	1,500 mg	2,500%
Vitamin E (as d-Alpha Tocopheryl Su	ccinate)	30 IU	100%
Zinc (as Zinc Oxide)		30 mg	200%
Proprietary Immune Enhancing Blend Citrus Bioflavonoids, Bee Propolis Pov Odorless Garlic, Yarrow, Echinacea Ex Horehound, Mushroom Complex (Shi Mitake, Reishi), Astragalus Powder, Pa Golden Seal Root Powder	tract, take,	2,170 mg	*
Proprietary Adaptogenic Blend Eleutherococcus Extract, Cayenne Pov	vder,	180 mg	*

Other Ingredients: Dicalcium phosphate, stearic acid (vegetable source), croscarmellose sodium, hydroxypropylmethylcellulose, povidone, magnesium stearate (vegetable source).